



# MURRAY BRIDGE SPECIAL SCHOOL

RESEARCH INTO ACTION

PO BOX 39  
NORTH TCE  
MURRAY BRIDGE SA 5253  
Phone :08 85 325 345  
Fax :08 85 325 456  
Email: [dl.0116.info@schools.sa.edu.au](mailto:dl.0116.info@schools.sa.edu.au)  
Web: [www.mbss.sa.edu.au](http://www.mbss.sa.edu.au)  
Principal : V. Smith



AN ANXIOUS CHILD IS NOT A LEARNING CHILD

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## Murray Bridge Special School Newsletter



### **Welcome Back!**

It is just wonderful to welcome everyone back to school after the break.

It is the final term of primary school for our Year 7s, the very wonderful and ever so dear to us, Chenice and Angus. It is an exciting time of preparation and adjustment for them, their families and our staff, and we would like to wish them all the very best for this term and know that our hearts and minds are with them.

### **Important Reminder – Pupil Free Day**

Murray Bridge Special School's Pupil Free Day is: **Monday 02<sup>nd</sup> November 2020**

*The school will be closed on this day.*

\*\* Every effort is made to support families who have children attending State schools across different sites in Murray Bridge. Therefore the date for our pupil free day has been selected to coordinate with the Murray Bridge North Primary School.

The day will enable focus groups across the site to work on identified priorities. This will be an invaluable time for staff to engage and work collaboratively.

Don't forget **School Photographs Day – Wednesday November 04<sup>th</sup> 2020**

### **School Card**

If you think you are eligible for the school card and haven't applied already, please see Donna in the front office to get an application or you can apply online. The closing date for this year's Application for the 2020 school card scheme is the 20th November 2020.

**School Card** is administered by the Department for Education. Additional information is available at [www.sa.gov.au](http://www.sa.gov.au) or contact the **School Card** Section on free call 1800 672 758.

**Please Note: Applications for the 2020 School Card Scheme close 20th November 2020**

# NAIDOC WEEK 2020

## BRIDGE WALK

9.30am Monday 9 November

from Eastside of Bridge (below RSL)  
to the Local Government Centre for

## AWARDS CEREMONY

at 9.45am

For info **8539 1182**

[s.zrna@murraybridge.sa.gov.au](mailto:s.zrna@murraybridge.sa.gov.au)

**Always Was. Always Will Be.**



The Rural City of  
**MURRAY  
BRIDGE**





## **Kids Helpline / Parents Helpline**

If your children need to talk to someone the Kids Helpline are available 24/7.

**1800 55 1800** - Any reason, any time, or if you need to talk to someone please

don't hesitate to contact the parent's helpline on **1300 364 100**, 24 hours a day, seven days a week. Parenting can be a tough job but also really rewarding. Talking to a Parent line counsellor can help you navigate difficult parenting dilemmas.

# **Asthma First Aid**

## **1 Sit the person upright**

- Be calm and reassuring
- Do not leave them alone



## **2 Give 4 separate puffs of blue/grey reliever puffer**

- **Shake** puffer
  - Put **1 puff** into spacer
  - Take **4 breaths** from spacer
- Repeat until 4 puffs** have been taken  
**Remember: Shake, 1 puff, 4 breaths**

OR Give 2 separate doses of a Bricanyl inhaler (age 6 & over) or a Symbicort inhaler (over 12).



## **3 Wait 4 minutes**

- If there is no improvement, give **4 more separate puffs of blue/grey reliever** as above  
(OR give 1 more dose of Bricanyl or Symbicort inhaler.)



## **4 If there is still no improvement call emergency assistance (DIAL 000)**

- Say 'ambulance' and that someone is having an asthma attack
- Keep giving **4 separate puffs** every **4 minutes** until emergency assistance arrives

(OR 1 dose of Bricanyl or Symbicort every 4 minutes — up to 3 more doses of Symbicort).



### **Call emergency assistance immediately (DIAL 000)**

- If the person is not breathing
- If the person's asthma suddenly becomes worse, or is not improving
- If the person is having an asthma attack and a reliever is not available
- If you are not sure if it's asthma
- If the person is known to have Anaphylaxis - follow their Anaphylaxis Action Plan, then give Asthma First Aid.

**Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma**



## **Asthma Australia**

Contact your local Asthma Foundation

**1800 ASTHMA** (1800 278 462) [asthmaaustralia.org.au](http://asthmaaustralia.org.au)

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## Murray Bridge North Primary School Canteen News

Great News for Canteen users!! QKR is now up and running. Download the app so you can order and pay for your recess and lunch online. Students must pick up Recess from the Canteen.

(For Special School users when filling out the online form write 'Special School' in the students' class. Also if you are ordering recess or lunch using QKR please let your child's Learning Facilitator know so they are able to ensure the order is picked up.)

Follow the directions below. (Please note the Canteen still accepts cash payments)



**For quicker, hassle-free school payments, try Qkr! today**

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Order and pay for your child's lunches, reducing the need to bring cash to school;
- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



## Getting started is easy - try it yourself today

### Step 1 Download Qkr!

on your Android phone or iPhone, iPad users can download iPhone app



### Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

### Step 3 Find our school

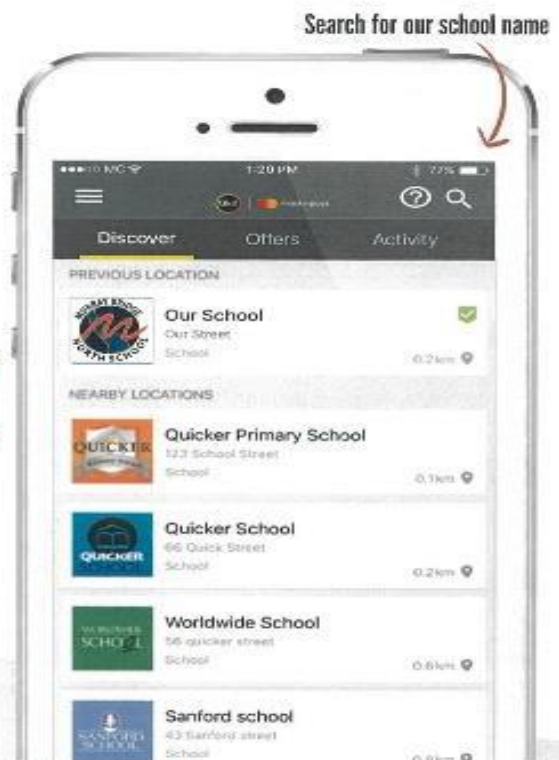
Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

### Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'





masterpass

## Add your children's details in Student Profiles

Select  
'Add student profile'



Add each  
child's details



Manage each  
child's details in  
Student Profiles



## Order meals

Select a menu  
from our canteen



Tap the green  
box to view  
your receipt  
or to cancel  
an order



Select a date  
for a child and  
order a meal

Tap 'Repeat  
order' to  
copy all paid  
orders from  
one week to  
the next



Tap to change  
the date you  
are ordering for

Tap to change  
the child you are  
ordering for

Tap 'Checkout'  
then confirm and pay

## Making payments

Add up to 5 cards to your wallet



At checkout select which card to  
pay with.

Pay with any cards accepted  
by the school.

Once your payment is approved you  
can continue to the home page, or  
view your receipt.

## **Emergency Procedures and Contacts**

It is a families' responsibility to provide the school with up to date mobile telephone and/or landline contact numbers, nominated emergency contacts, consent forms, medical information and court orders. **Please contact the school if your details change at any time.**

## **IMPORTANT REMINDER FOR TERM 4 - Attendance - All Day Every day!!!!**

We strive for all learners to attend all day, every day. Our learners need to attend school regularly in order to engage fully in the curriculum and gain maximum benefit from schooling. Regular attendance enables our learners to access all areas of the curriculum provided, enabling them to reach their full potential.

**Did you know missing one day of school a week adds up to almost three years by the time your child finishes school. Every day matters!**

We also acknowledge learning will only occur when certain physiological and psychological needs are met. Our learners may have fragile unpredictable health concerns or require frequent ongoing medical assessments or appointments. It is important our learners attend only in appropriate circumstances. For example if a learner is unwell or significantly stressed; is recovering from a recent illness; has had recent surgery or hospitalization, or requires a standard of health or psychological care outside of the duty of care abilities of teaching or school support staff, then it is not in the learners best interests to attend.

**Bearing in mind our learner's complex health and care needs, our goal is to eliminate any 'unexplained' absences for our learners.** An unexplained absence is 'a learner who is absent without explanation by parent/guardian or school or other authority (e.g. Department for Child Protection)'

If your child is unwell or unable to attend school please contact us directly as soon as is practically possible so we can provide any support you may need.

**If your child is continuously absent without explanation after 3 days you will be contacted by the school to see if we can assist in any way.**

As adults let's work together for your child to attain maximum attendance for maximum outcomes!!

## **Thankyou!**

I'd like to thank each and every person who is involved in our school. Whether you are a parent, carer, family member, learner, school support officer or learning facilitator; thank you for making our school a better place to be.

**"When little people are overwhelmed by BIG emotions it's our job to share our calm, NOT to join their chaos"** L.R Knosk Child Development Researcher U.S.A

Enjoy Every Precious Moment Together!



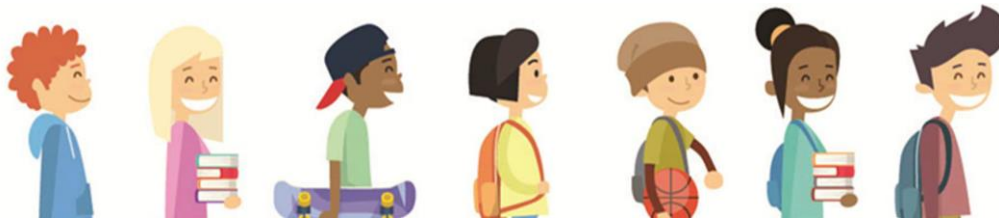
Warmest Regards Always,  
Vicki Smith  
Principal  
October 2020



Government of South Australia  
Department for Education



*Keep Your Kids Smiling.....*



### **SA Dental Service**

Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics. Our specially trained staff provide comprehensive dental care to help prevent pain and tooth decay. We will always talk to you about what your child needs before we provide any treatment. We have been a trusted government dental service for children since 1969 and bulk bill under the Child Dental Benefits Schedule.

### **Call us now for an appointment!**

Your local clinic is: Murray Bridge Community Dental Clinic

Phone: 8531 9300 or use the link on our website to ask us to contact you.

[www.sahealth.sa.gov.au/dentalappointment](http://www.sahealth.sa.gov.au/dentalappointment)

**School Zones - Reminder It's 25km/h when children are present**

